SKRIBBLO

Printable guides made for real families.

WRITE LIKE A PRO

90-Day Handwriting Builder

From Pencil Control to Confident Handwriting

01 PENCIL →



02 LETTERS →



03 WORDS →



04 SENTENCES



AGES

4–8

90 DAYS OF

Practice

JUST

10–15 min

PRINT • TRACE • WRITE • MASTER

Skribblo.com

Write Like a Pro

90-Day Handwriting Builder

From Pencil Control to Confident Handwriting · Ages 4–8 · 10–15 minutes a day

THIS BOOK BELONGS TO

I STARTED ON

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Designed to provide structured handwriting practice at home. Every child learns at their own pace; results depend on regular practice and are not guaranteed. This workbook is educational and is not a treatment for any learning or developmental condition. If you have concerns about your child's development, please speak with their teacher or a qualified professional.

Printing: print on US Letter at 100% ("Actual size"). Every page works in black and white.

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What's inside

PART 01 · GET READY

Welcome to Skribblo	4
Where should we start?	5
Choose your level	6
What your child will practice	7
The 90-day journey	8
Finished pencil control?	9
How one day works	10
Getting set up	11
Sit like a pro	12
Hold like a pro	13
For left-handed writers	14
Two-minute warm-ups	15
Encourage, don't pressure	16
Day 0: my handwriting snapshot	17

THE 90 DAYS

02	**Pencil control bootcamp** Days 1–10	18
03	**Letter-building strokes** Days 11–20	30
04	**Lowercase letters** Days 21–50	42
	Halfway snapshot Day 45	69
05	**Uppercase letters** Days 51–60	76
06	**Numbers** Days 61–65	88
07	**Word builder** Days 66–75	95
08	**Sentence builder** Days 76–85	107
09	**Write like a pro challenge** Days 86–90	119
	Before & after	125

BONUSES

01	90-day progress tracker	126	
02	Parent progress checklist	127	
03	Alphabet reference sheets	128	
04	Numbers 0–20 reference	130	
05	Practice paper (3 styles)	131	
06	20 fun handwriting challenges	134	
07	Handwriting Hero certificate	144	

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Welcome to Skribblo

Your child knows their letters. Now let's help them write those letters with a steady hand and a happy heart. Write Like a Pro is a 90-day journey: one page a day, 10–15 minutes at a time.

BEFORE

Letters start in different places, sizes wander up and down, and writing feels like hard work.

DURING

One short page each day. Warm up, trace, copy, then write on your own. Check it off and celebrate.

AFTER

More pencil control, more consistent letters, and a child who is proud to show their writing.

What makes this different

It is a program, not a pile of sheets

Each day builds on the one before, from pencil control to strokes, letters, words and sentences.

Letters are taught by movement

Letters that move the same way are learned together, so c leads to o, a, d, g and q.

Every page shows where to start

Red dots, numbered strokes and arrows mean your child can work with very little explaining.

You can see the progress

Your child writes the same snapshot page on Day 0, Day 45 and Day 90, so you can see the journey side by side.

Every child learns at their own pace. This workbook provides structured handwriting practice; it is not a therapy or treatment program. If you have concerns about your child's development, speak with their teacher or a qualified professional.

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Where should we start?

The 90-day journey is designed to be followed from the beginning, but families can use the skill checks to find a comfortable starting point.

My child is still learning pencil control.

Lines are wobbly, circles don't close, or the pencil feels hard to hold.

→ START AT **Day 1**

Page 18

My child can trace letters but struggles to form them on their own.

Letters start in different places or are built in pieces.

→ START AT **Day 11**

Page 30

My child can write most letters, but handwriting is inconsistent.

Sizes wander, letters float off the line, or b and d swap.

→ START AT **Day 21**

Page 42

My child writes words but needs better spacing and sentences.

Do the Word builder check (after Day 75) first, then use Days 66–90 as targeted practice.

→ START AT **Day 66**

Page 95

Not sure? A two-minute check

1

Ask your child to draw a circle, a zigzag and a wave.

2

Ask them to write c, a, d, b and g while you watch where each one starts.

3

Ask them to write their name and one short sentence.

GOOD TO KNOW If in doubt, start earlier. Confident children move quickly through the first days, while skipping large parts can leave gaps later. Wherever you start, do the Day 0 snapshot first (page 17).

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Choose your level

One book, three levels. Pick the one that sounds most like your child today. Levels are about how much help your child needs, not their age, and you can move up at any time.

STARTER

About ages 4–5

For children still developing pencil control and letter formation.

FOCUS

Large writing
Tracing
Simple copying
Big movements

ON EACH PAGE

Do the TRACE and COPY rows and the TRY IT box. It's fine to leave some WRITE IT lines empty.

BUILDER

About ages 5–6

For children who know their letters but need consistent formation and practice.

FOCUS

Formation
Copying
Sizing and spacing
Words

ON EACH PAGE

Do the whole page, top to bottom.

WRITER

About ages 6–8

For children who form most letters and need more independent writing.

FOCUS

Independent writing
Sentences and spacing
Consistency
Short creative writing

ON EACH PAGE

Do the whole page, then the CHALLENGE box.

Look for these at the bottom of most pages

TRY IT An extra, gentler step for Starters.

CHALLENGE A stretch for Writers, usually more writing on their own.

MOVING UP When the TRY IT steps feel easy for a week, try the whole page. When the whole page feels easy, add the CHALLENGE. Moving back down on a tired day is fine too.

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In 90 days, your child will practice

Nine skills, built one on top of the other.

Pencil control Steady lines, curves, waves and loops. DAYS 1–10	**Stroke direction** Where to start, which way to go and where to stop. DAYS 11–20	**Letter formation** All small letters and capitals, grouped by how they move. DAYS 21–60
Letter size Small, tall and tail letters in the right place. DAYS 21–60	**Writing on the line** Letters and numbers that sit on the baseline. EVERY DAY	**Word spacing** A finger space between every word. DAYS 66–90
Words Everyday words, first copied, then written alone. DAYS 66–75	**Sentences** Capital letters, spaces and periods. DAYS 76–85	**Independent writing** Lists, notes, cards and tiny stories. DAYS 79–90

Three snapshots along the way

START

Day 0

Page 17

HALFWAY

Day 45

Page 69

FINISH

Day 90

Page 124

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The 90-day journey

Nine parts, one small step at a time. Each part ends with an “I can…” goal your child can say out loud.

01 **Get ready** BEFORE DAY 1 *“I sit tall and hold my pencil gently.”*	**02** **Pencil control bootcamp** DAYS 1–10 *“I can move my pencil where I want it to go.”* ☆ PENCIL EXPLORER	**03** **Letter-building strokes** DAYS 11–20 *“I know where to start and which way to go.”* ☆ STROKE BUILDER
04 **Lowercase letters** DAYS 21–50 *“I can write all 26 small letters.”* ☆ LETTER MAKER	**05** **Uppercase letters** DAYS 51–60 *“I can write capital letters.”*	**06** **Numbers** DAYS 61–65 *“I can write 0 to 9.”*
07 **Word builder** DAYS 66–75 *“I can write words with neat spaces.”* ☆ WORD WRITER	**08** **Sentence builder** DAYS 76–85 *“I can write a sentence neatly.”* ☆ SENTENCE WRITER	**09** **Write like a pro challenge** DAYS 86–90 *“I can write on my own!”* ☆ HANDWRITING HERO

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FOR GROWN-UPS

Finished pencil control?

Now let’s turn that control into handwriting.

If your child has worked through Skribblo’s Pencil Control Tracing Worksheets, they already have the steady hand this book builds on. Write Like a Pro carries that control into letters, words and sentences.

01	**Pencil control** Lines, curves, loops and shapes.	PENCIL CONTROL WORKSHEETS · DAYS 1–10
02	**Letter formation** Strokes, small letters, capitals and numbers.	DAYS 11–65
03	**Words** Everyday words with neat finger spaces.	DAYS 66–75
04	**Sentences** Capitals, spaces and periods.	DAYS 76–85
05	**Independent writing** Notes, lists, cards and tiny stories.	DAYS 86–90

A GENTLE BRIDGE

Children coming from pencil control practice can move through Days 1–10 quickly, but please don’t skip them. They link familiar shapes to the strokes inside every letter.

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How one day works

One page, 10–15 minutes. Stop when the time is up, even in the middle of a page, and pick up there tomorrow.

1

Warm up

2 MIN

Pick one warm-up from page 15.

2

See it

1 MIN

Look at the big model. Draw it in the air.

3

Trace & copy

5 MIN

Follow the dots, then use only the red start dots.

4

Write & use

5 MIN

Write on empty lines and in real words.

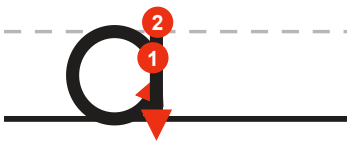
5

Check & shine

1 MIN

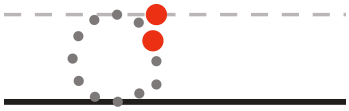
Check “I did it!” and color the tracker on page 126.

Reading a page



See it

Red dot = start here. Numbers = stroke order. Arrow = finish going this way.



Trace it

Gray dots show the path. Start at the red dot.



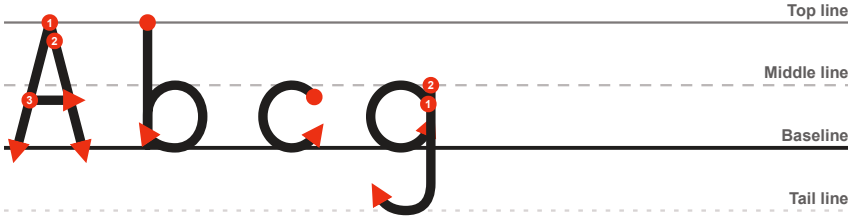
Copy it

Only the start dot is shown. Your child remembers the rest.

Write it

Empty lines. All by yourself!

The writing lines



Tall letters and capitals reach the top line.

Small letters fit between the middle line and the baseline.

Tails on g, j, p, q and y hang down to the tail line.

Lines start big and get smaller through the book, so writing size shrinks as control grows.

Getting set up

You don’t need anything fancy. A pencil, a table and a printed page are enough.

Pencils

A short, sharp #2 pencil. Triangular or chunky pencils help little fingers find their place. Keep crayons or color pencils handy for the picture tasks.

Erasers

Use them sparingly. Erasing every letter slows children down and can make them anxious. It’s fine to leave a wobbly letter and try again next to it.

Printing

Print at 100% (“Actual size”), not “Fit to page”, so the lines stay the right height. Black-and-white printing works for every page. Ordinary 20 lb paper is perfect.

One week at a time

Print 5–7 days at once and keep them in a folder with the tracker on top. Loose pages are easier to write on than a stapled book.

Where to practice

A table, not a sofa, bed or floor. Good light, coming from the side opposite the writing hand. TV and phones off for these few minutes.

When to practice

The same time each day works best: after school snacks, or before dinner. Avoid times when your child is tired or hungry.

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Sit like a pro

Good handwriting starts with the whole body. A comfortable, steady position lets the fingers do their job.

1

Feet flat

Both feet on the floor. If they dangle, put a sturdy box or a stack of books under them.

2

Bottom back, back tall

Sit right back in the chair and grow tall, leaning very slightly forward. No slouching over the page.

3

Table at the right height

With arms hanging loose, the table top should sit around elbow height. Too low and children hunch; too high and shoulders creep up. A cushion on the chair is an easy fix.

4

Paper tilted

Right-handers tilt the page slightly to the left. Left-handers tilt it slightly to the right (see page 14).

5

Helper hand on the paper

The hand that isn't writing holds the page still. Both forearms rest lightly on the table.

TRY THIS
GROW A TREE

Curl up tight like a little seed on the floor. Very slowly, grow up, up, up until you are a tall, straight tree with arms stretched high. Before writing, say: "Sit like a tree!"

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Hold like a pro

Most children do well with a relaxed three-finger hold. Teach it with three simple words: pinch, rest, relax.

1

Pinch

Hold the pencil between the thumb and pointer finger, just above the sharpened part.

2

Rest

Let the pencil rest on the side of the middle finger and lean back into the soft space between thumb and pointer.

3

Relax

Hold gently. The fingers guide the pencil; the side of the hand glides lightly on the paper.

Grip-builder games

Pick-up race: move beans or peas from one bowl to another with thumb and pointer.

Tear and stick: tear old paper into tiny pieces for a collage.

Board games: picking up dice and counters uses the same pinch.

Dough snakes: roll play dough into snakes, then make letters with them.

Peg it: clip clothespins around the edge of a box or plate.

Doodle swirls: fill a big sheet with looping swirls in different colors.

GOOD TO KNOW Many different grips work well. If your child writes comfortably and neatly, you don't need to change their grip. Watch instead for fingertips turning white from squeezing, or a hand that tires quickly, and gently show the pinch again. Never force it.

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For left-handed writers

Left-handed children can write just as beautifully as anyone else. A few small changes to the set-up simply make it more comfortable.

Tilt the page to the right

Place the page slightly to the left of the body and turn it a little clockwise. The arm can then move freely across the line.

Hold a little higher

Holding the pencil a bit further from the tip (about 1 inch) lets your child see what they have just written.

Keep the wrist straight

Some left-handers curl the wrist over the top of the line to see their writing. This can tire the wrist, so encourage a straight wrist below the line instead. The page tilt usually helps.

Light from the right

A lamp or window on the right side stops the writing hand from casting a shadow over the page.

Sit on the left

When sharing a table with a right-hander, sit on the left so elbows don't bump.

Mark the start

If your child starts writing from the right side of the page, a small dot on the left edge is a friendly reminder of where lines begin.

PLEASE DON'T Switch hands or insist on a right-handed grip. If a sideways stroke (like the bar on t or f) feels easier from right to left, that's okay. Starting letters at the top matters much more.

Two-minute warm-ups

Writing uses the shoulders, arms and hands, not just the fingers. Pick one warm-up before each page. Let your child choose!

Air writing

Write today's letter or shape in the air with a straight arm. Big, slow movements.

Wall push-ups

Hands flat on the wall, 10 slow push-ups. Wakes up shoulders and arms.

Star jumps

10 star jumps, then shake out the hands like wet towels.

Dough snakes

Roll a snake of play dough or clay and bend it into today's letter.

Salt tray

Spread salt, rava or sand on a tray and write letters with one finger.

Back writing

Draw a letter on your child's back with a finger. Can they guess it? Swap!

Rainbow writing

Trace one big letter three times, each time in a new color.

Water painting

Paint letters with a brush and water on the floor or a wall outside.

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Encourage, don’t pressure

Children write better when practice feels safe and short. Your calm, cheerful presence matters more than any worksheet.

TRY THIS	TRY TO AVOID
Praise something specific: “Every a started at the top!”	Comparing with siblings, cousins or classmates.
Circle the best letter on each line together.	Erasing every imperfect letter.
Stop at 15 minutes, even mid-page.	Long sessions when your child is tired or hungry.
Write next to your child. They learn by watching you.	Using extra pages as a punishment.
Put a finished page on the fridge or send it to Grandma.	Rushing ahead. Repeating a day is always allowed.
Leave handwritten notes in lunchboxes, and invite a reply.	

BAD DAY? Do just the warm-up and one row. That still counts. Missed a few days? Carry on from where you stopped. The day numbers are a guide, not a deadline.

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DAY

0

START · MY HANDWRITING SNAPSHOT

My handwriting today

This is not a test. It is a snapshot of your writing today. Write on your own, with no practicing first.

MY NAME

Write your full name.

LETTERS

Write a to z.

NUMBERS

Write 0 to 9.

COPY IT

Copy this sentence.

The sun is hot. I can run.

MY OWN

If you can, write a sentence of your own.

DATE

GROWN-UP NOTES

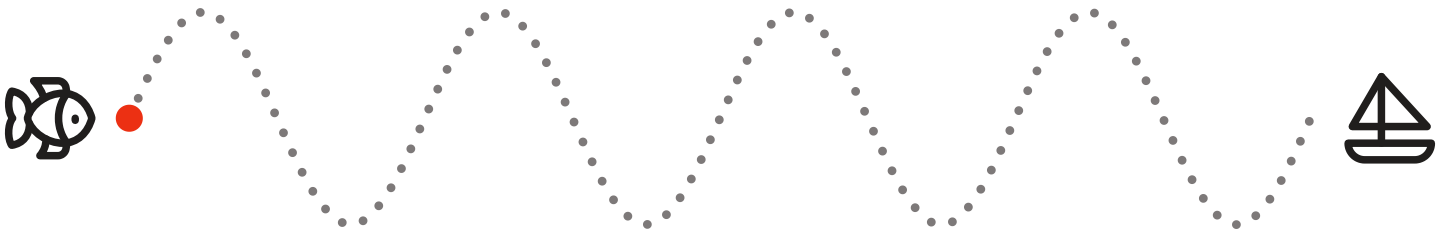
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PART

02

Pencil control bootcamp

Warm up your pencil! These lines, curves and loops build the steady control every letter needs.



YOU'LL PRACTICE

Straight lines across and down

Slanting lines and crosses

Hills, rainbows and circles

Waves, zigzags and turns

Loops and spirals

MY GOAL

"I can move my pencil where I want it to go."

GROWN-UPS

Speed does not matter here. Look for smooth lines that stay close to the dots. Let your child say "start… go… stop!" as they draw.

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DAY

1

STRAIGHT LINES · LEFT TO RIGHT

Train to the station

Start at the red dot. Drive along the dots all the way to the end. No lifting!

TRACE

Big and slow



TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Before the page, draw 5 big straight lines in the air together, arm straight and tall.

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DAY

2

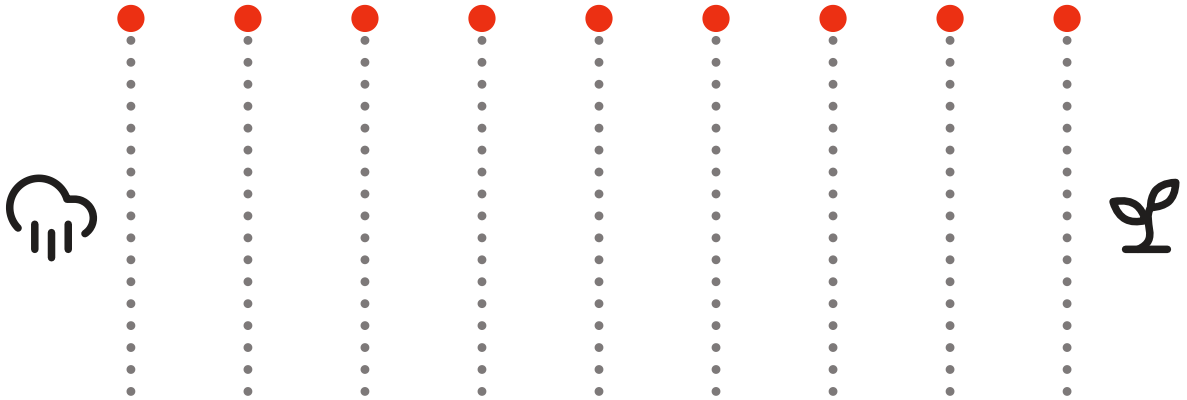
VERTICAL LINES · TOP TO BOTTOM

Rain, rain, fall down

Start at the top dot. Pull straight down, like a raindrop falling to the ground.

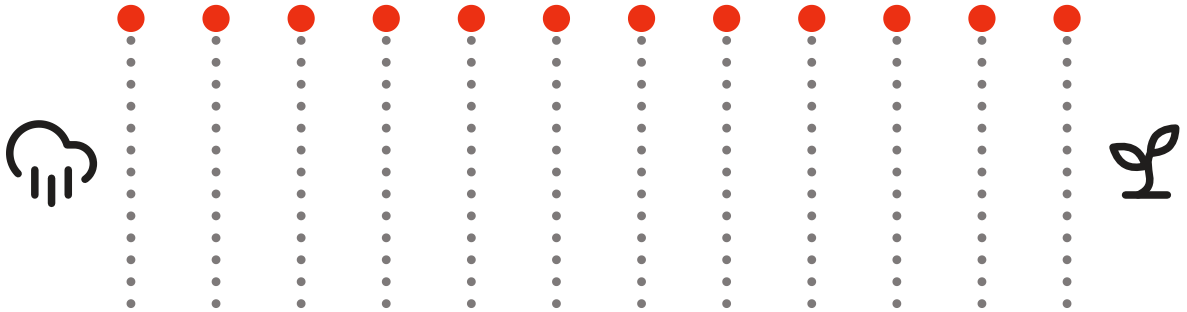
TRACE

Big and slow



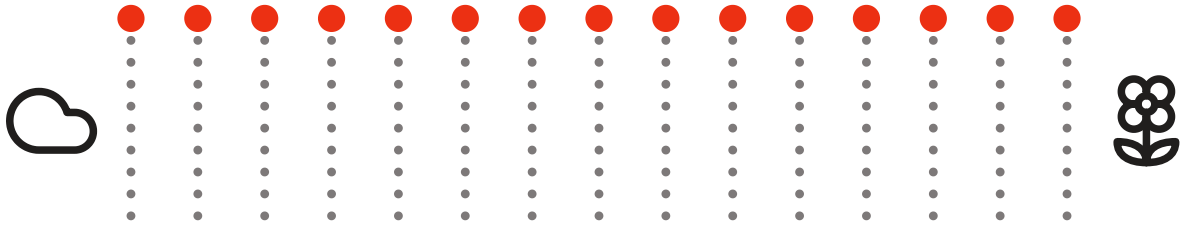
TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Every down line starts at the top. This is the most important habit in the whole book.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

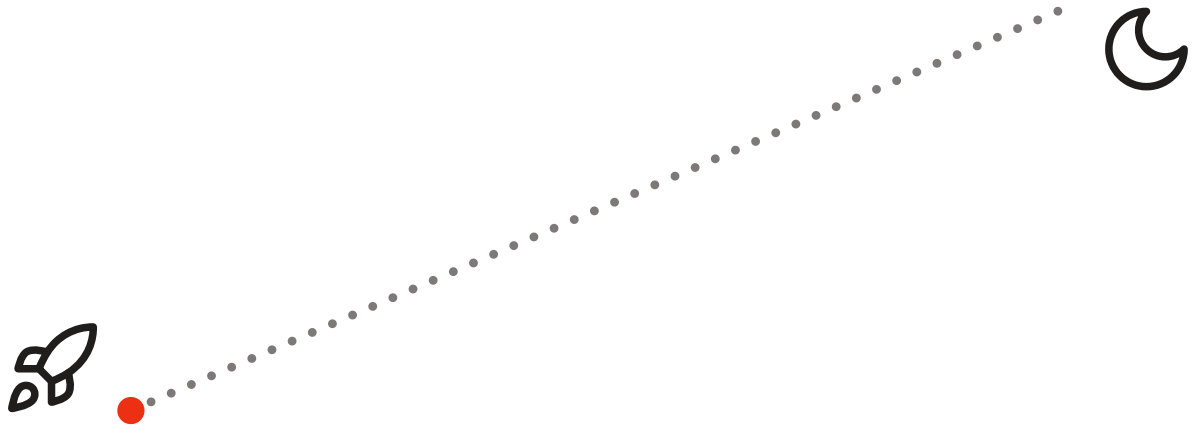
DAY
3

DIAGONAL LINES

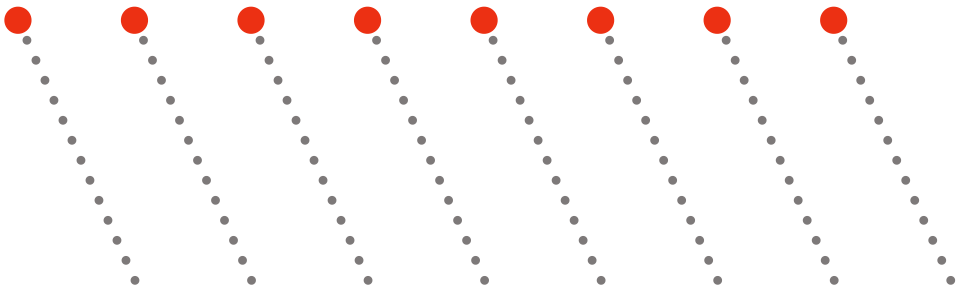
Rocket to the moon

Blast off from the red dot! Follow the slanting dots up to the moon, then slide down the slides.

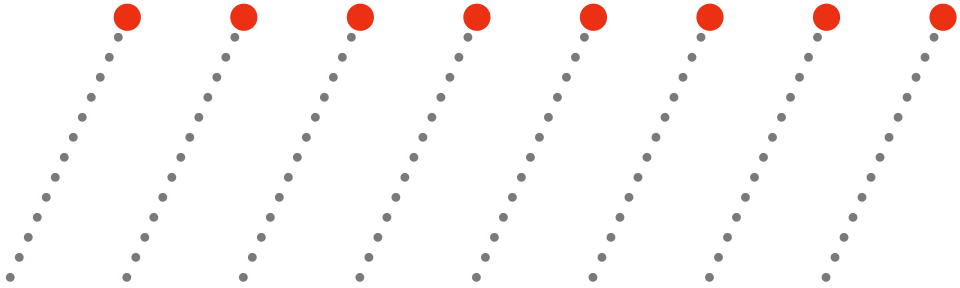
TRACE
Big and slow



TRACE
A bit smaller



TRACE
Smaller still



YOUR TURN
No dots! Start at the red dot.



TRY IT Trace the slightest path again with a crayon.



CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Slanting lines are the building blocks of v, w, x, y and k.

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DAY
4

CROSSING LINES

Stars and kisses

Make a line down, then a line across. Then make crosses that slant!

TRACE

Big and slow



TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Always draw the down line first, then the line across, just like the letter t.

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DAY 5

CURVES · OVER AND DOWN

Bunny hops

Help the bunny hop over the hills to the carrot. Up, over and down!

TRACE

Big and slow



TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS These over-and-down curves become the humps in n, m, h and r.

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DAY

6

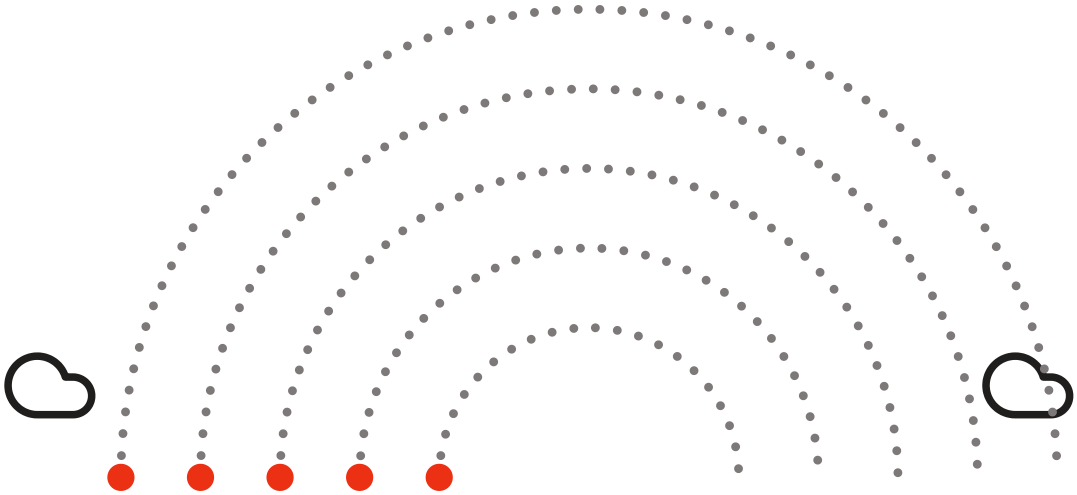
BIG CURVES · COLOR CONTROL

Complete the rainbow

Trace each arch of the rainbow in a different color. Start at the red dot on the left.

TRACE

Big and slow



TRACE

A bit smaller



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Using a new color for each arch keeps practice fun. Crayons work well.

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DAY

7

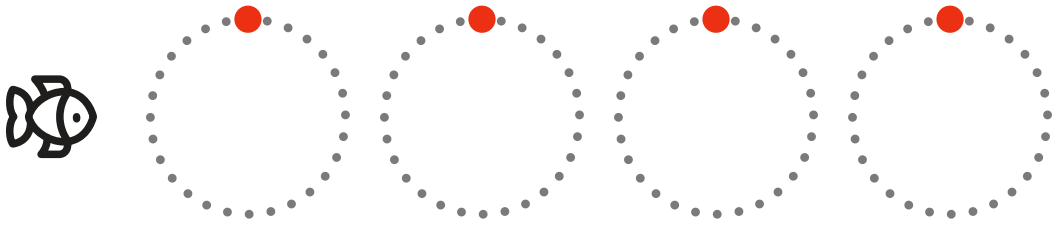
CIRCLES · COUNTER-CLOCKWISE

Bubbles for the fish

Start at the top of each bubble. Go round to the left and close the circle.

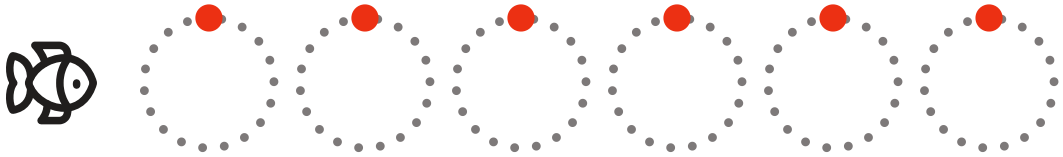
TRACE

Big and slow



TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Circles go “back” (to the left) from the top. This is how o, a, d, g and q are made.

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☐ **I did it!** Today felt: ☐ tricky ☐ okay ☐ easy

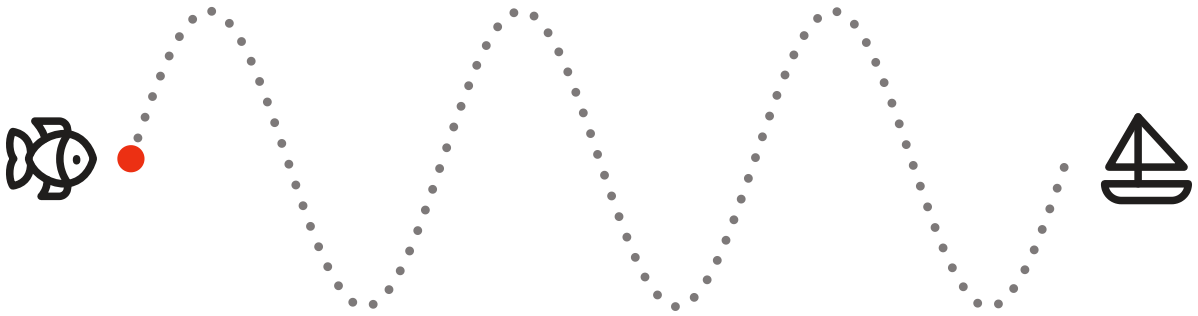
DAY
8

WAVES · RHYTHM AND FLOW

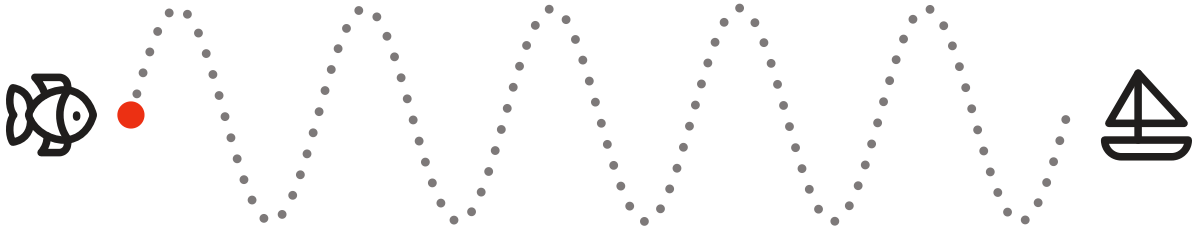
Swim through the waves

Help the fish swim up and down the waves to the boat. Keep your pencil moving smoothly.

TRACE
Big and slow



TRACE
A bit smaller



TRACE
Smaller still



YOUR TURN
No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS If the line gets shaky, slow down. Smooth is better than fast.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY 9

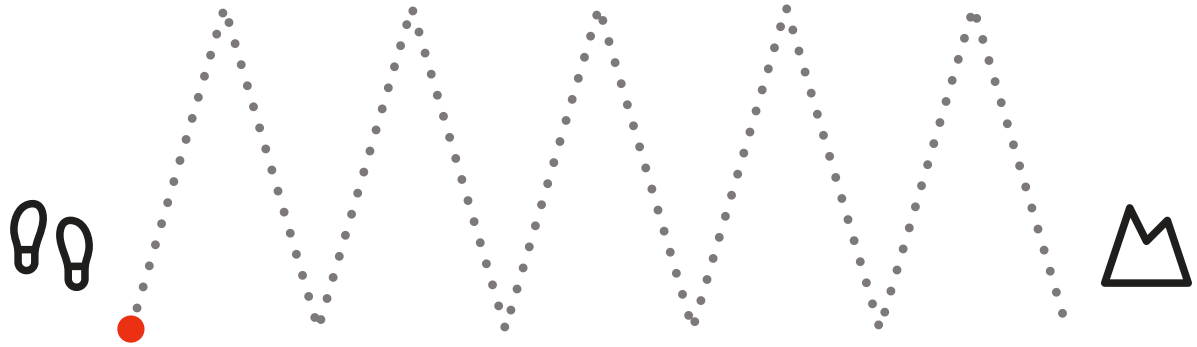
ZIGZAGS AND SHARP TURNS

Mountains and roads

Climb up and down the mountains. Then drive the car along the road, turning at every corner.

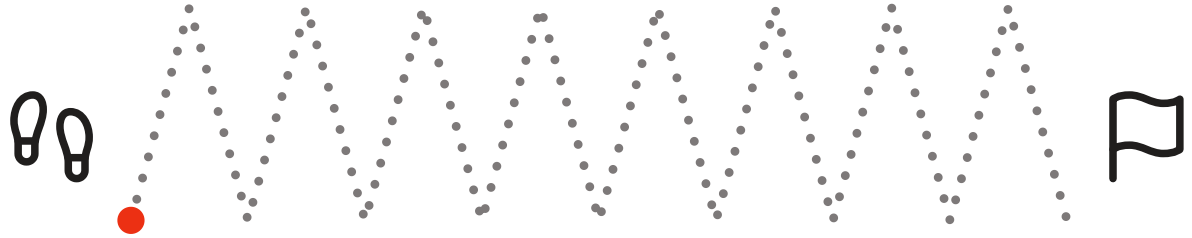
TRACE

Big and slow



TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Pause for a tiny moment at each point before changing direction.

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DAY

10

LOOPS AND SPIRALS

Loops and snail shells

Fly the bird through the loops. Then draw snail shells, starting in the middle and going round and round.

TRACE

Big and slow



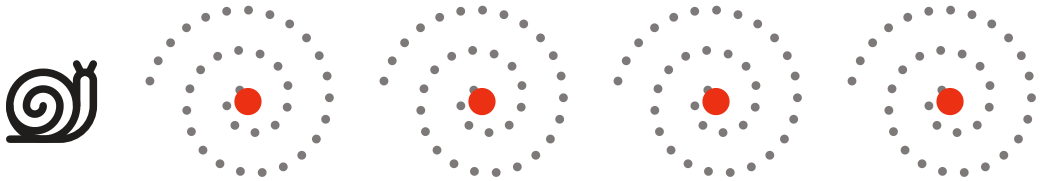
TRACE

A bit smaller



TRACE

Smaller still



YOUR TURN

No dots! Start at the red dot.



TRY IT Trace the biggest path again with a crayon.

CHALLENGE Draw your own path like this on the back of the page.

GROWN-UPS Pencil Control Bootcamp done! Check off Part 2 on the parent checklist (Bonus 3).

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I CAN

After day 10

I CAN CHECK

Pencil control check

No dots this time! Start at each red dot and go all the way to the end.

LINE

Keep going from the example.



CIRCLES

Round and closed.



ZIGZAG

Sharp points.



WAVES

Smooth and even.



I CAN

Check one box for each.

I can move my pencil smoothly.	☐ Not yet	☐ Nearly	☐ I can!
I can stay close to the path.	☐ Not yet	☐ Nearly	☐ I can!
I can stop at the end.	☐ Not yet	☐ Nearly	☐ I can!

BADGE

Color it in!

MILESTONE BADGE

Pencil Explorer

Days 1–10

Earned on _____

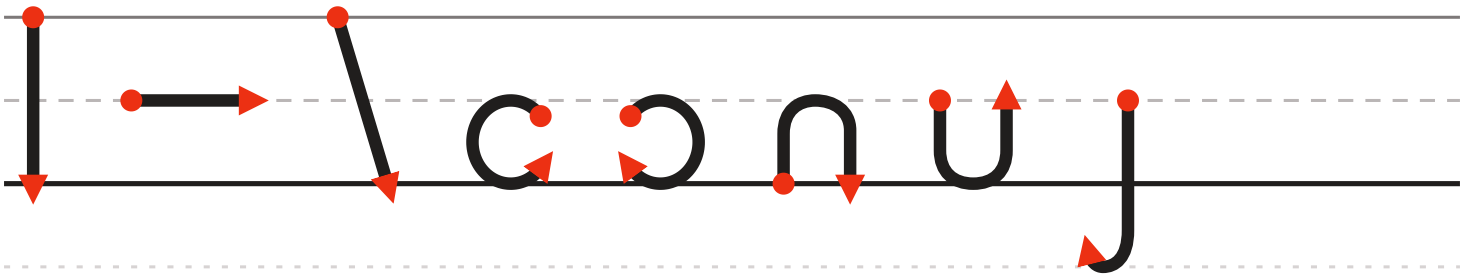
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PART

03

Letter-building strokes

Every letter is built from a few simple strokes. Learn them here and letters become much easier.



YOU'LL PRACTICE

Pull down and push up

Slide across and slant

Circle back and circle forward

Humps, cups, hooks and canes

MY GOAL

"I know where to start, which way to go, and when to stop."

GROWN-UPS

Say the stroke names out loud together: "pull down", "circle back". You will use the very same words when you get to letters.

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DAY

11

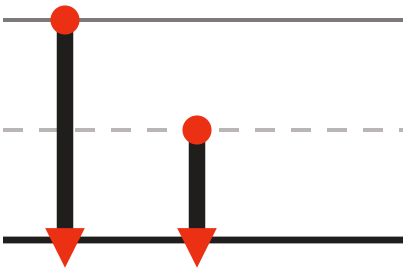
TOP-TO-BOTTOM STROKES

Pull down

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.

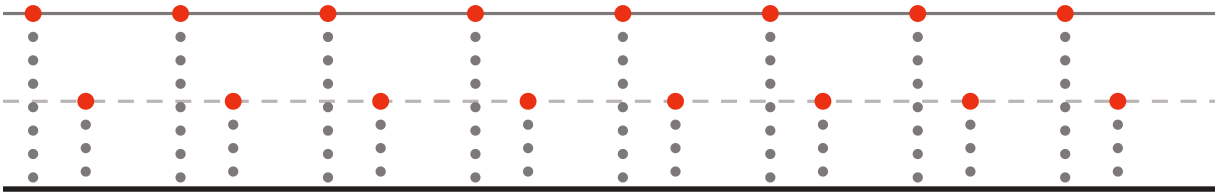


Pull down

Tall pull down: start on the top line, stop on the baseline.
Short pull down: start on the middle line.

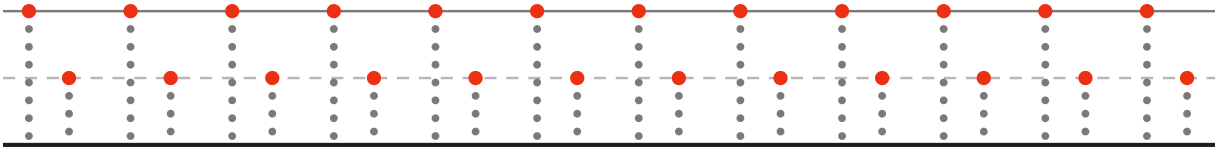
TRACE IT

Trace every stroke.



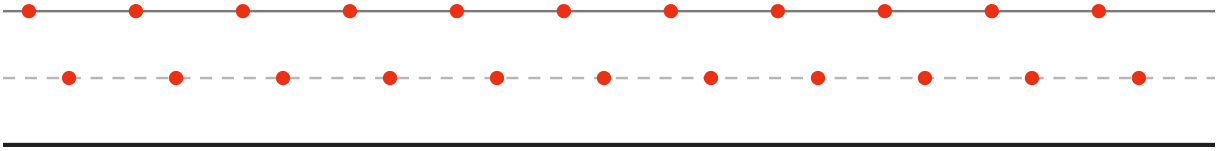
TRACE IT

Now a little smaller.



YOUR TURN

Start on each red dot.

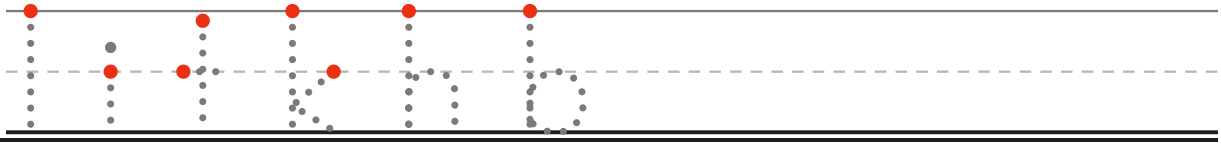


WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

GROWN-UPS Use the same words every time: "Start at the top… pull down… stop."

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DAY

12

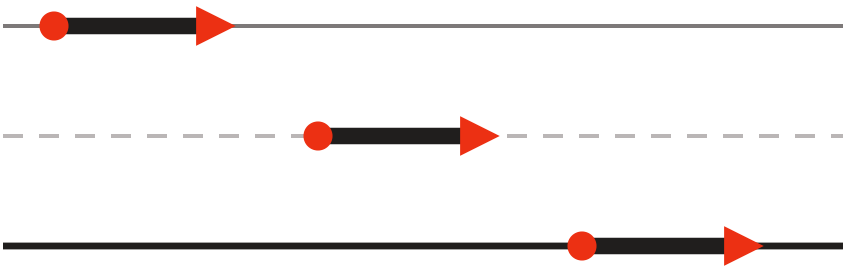
LEFT-TO-RIGHT STROKES

Slide across

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.

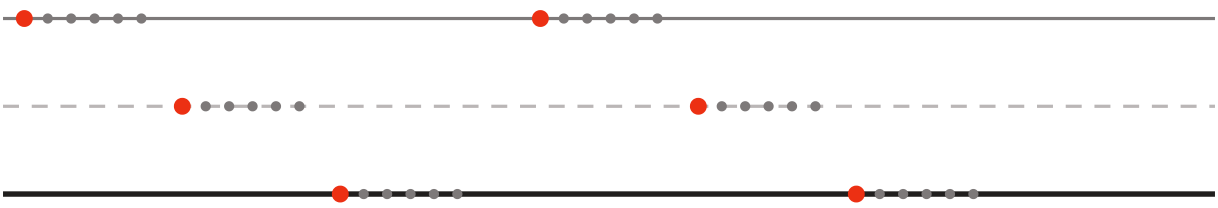


Slide across

Slide from left to right. You can slide on the top line, the middle line or the baseline.

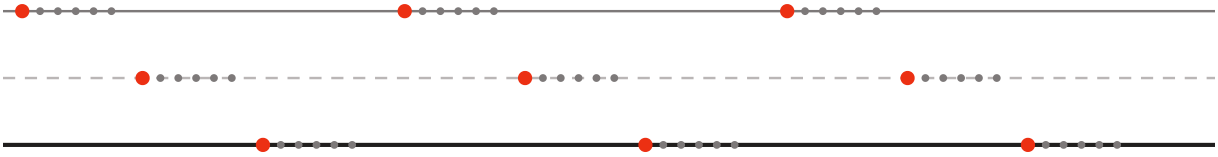
TRACE IT

Trace every stroke.



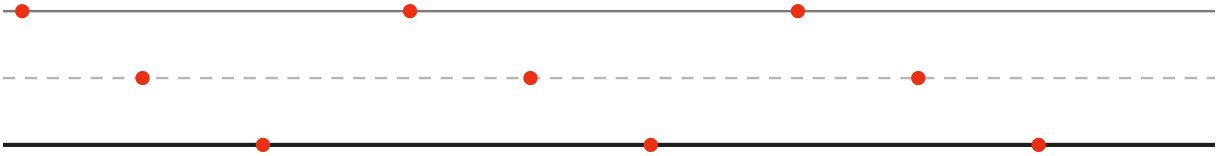
TRACE IT

Now a little smaller.



YOUR TURN

Start on each red dot.

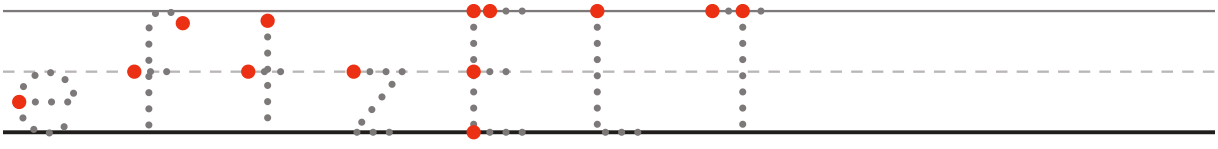


WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY

13

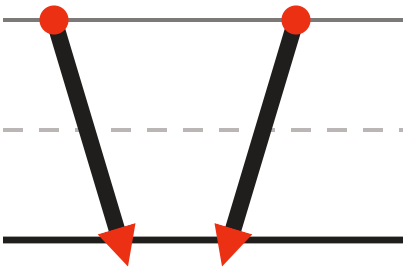
DIAGONAL STROKES

Slant down

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.

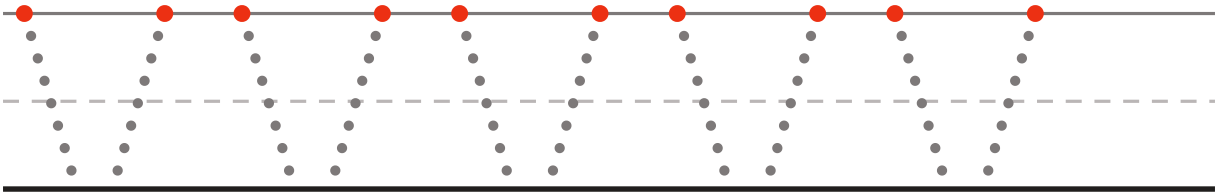


Slant down

Start at the top. Slant down to the right. Then slant down to the left, like a slide.

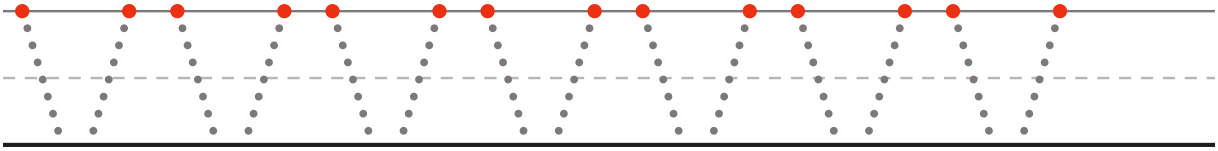
TRACE IT

Trace every stroke.



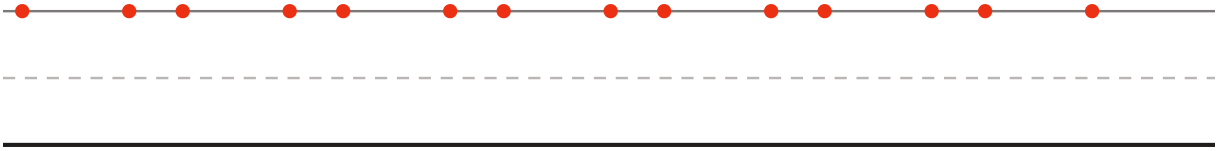
TRACE IT

Now a little smaller.



YOUR TURN

Start on each red dot.



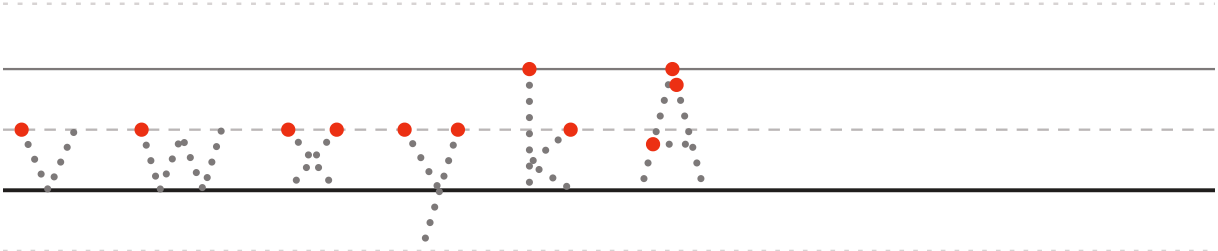
WRITE IT

Make the strokes all by yourself.



FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY

14

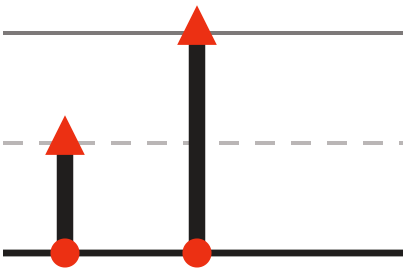
BOTTOM-TO-TOP STROKES

Push up

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.

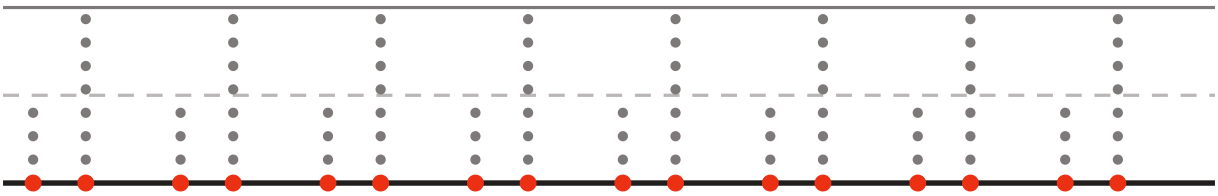


Push up

Start on the baseline and push straight up. Short push ups stop at the middle line.

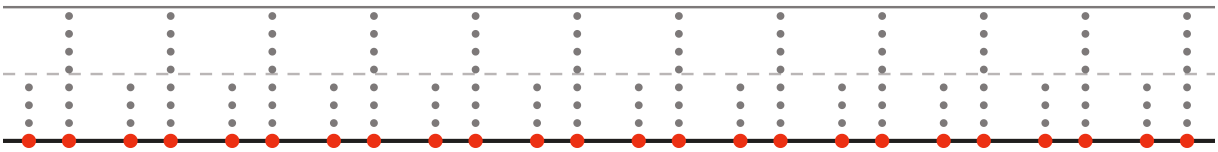
TRACE IT

Trace every stroke.



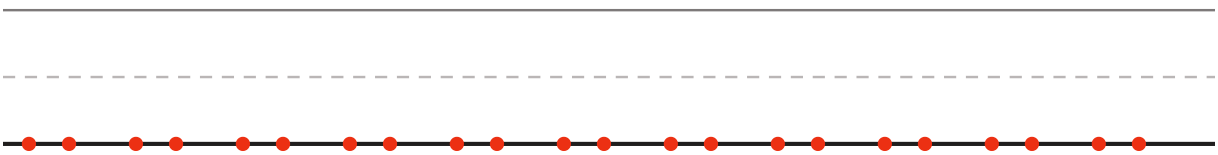
TRACE IT

Now a little smaller.



YOUR TURN

Start on each red dot.



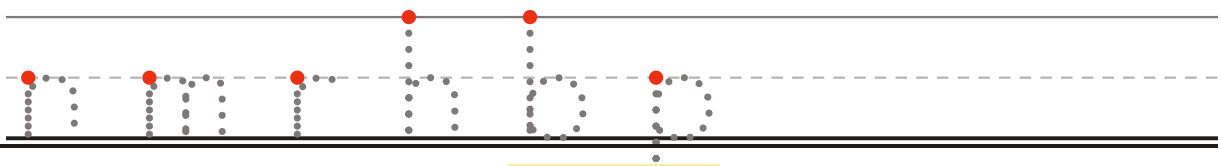
WRITE IT

Make the strokes all by yourself.



FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

GROWN-UPS Push ups often go back over a line you already drew. That is how n, m, h and r are made.

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DAY

15

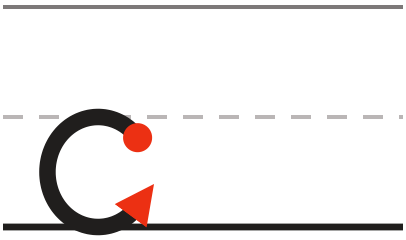
COUNTER-CLOCKWISE CURVES

Circle back

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.



Circle back

Start just below the middle line. Curve back to the left, around, and stop. Like a letter c!

TRACE IT

Trace every stroke.

TRACE IT

Now a little smaller.

YOUR TURN

Start on each red dot.

WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!

TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY
16

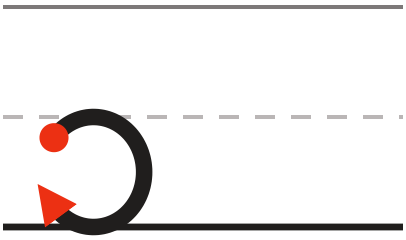
CLOCKWISE CURVES

Circle forward

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.



Circle forward

Start near the middle line. Curve forward to the right, around, and stop.

TRACE IT

Trace every stroke.

TRACE IT

Now a little smaller.

YOUR TURN

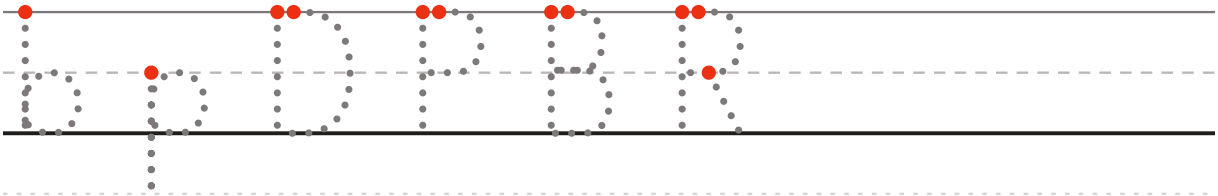
Start on each red dot.

WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY

17

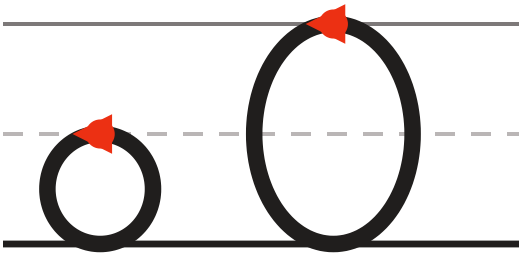
CLOSED CIRCLES

Round and round

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.

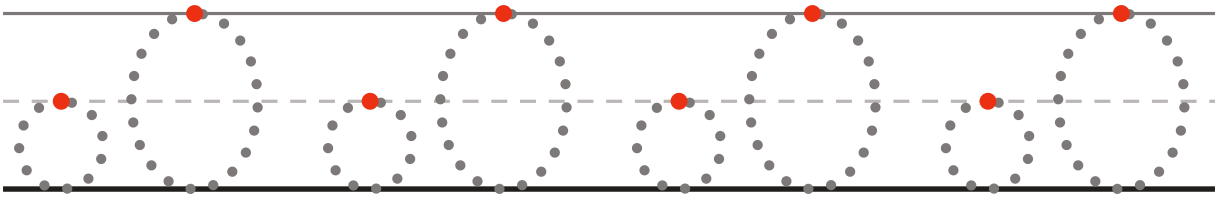


Round and round

Start at the top. Circle back all the way around and close the circle where you began.

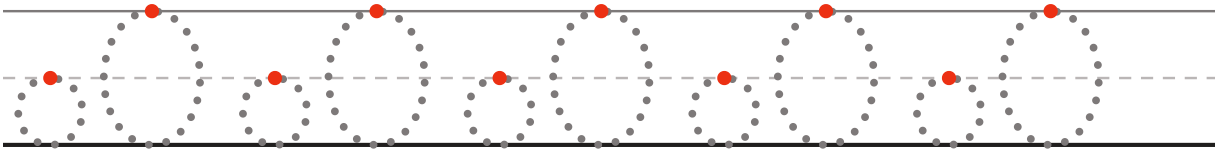
TRACE IT

Trace every stroke.



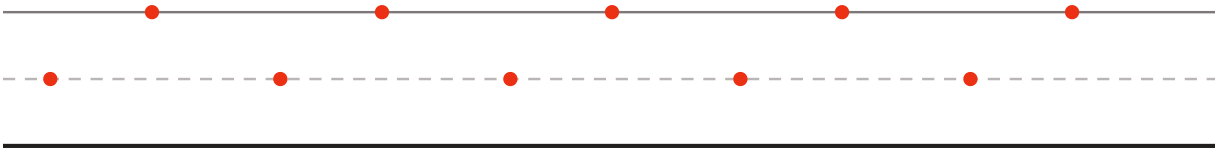
TRACE IT

Now a little smaller.



YOUR TURN

Start on each red dot.



WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!



TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY

18

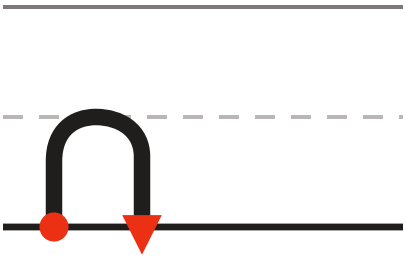
RETRACE AND CURVE

Humps

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.



Humps

Start on the baseline. Push up, curve over the hump, and pull straight down.

TRACE IT

Trace every stroke.

TRACE IT

Now a little smaller.

YOUR TURN

Start on each red dot.

WRITE IT

Make the strokes all by yourself.

FIND IT

These letters use this stroke. Trace them!

TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

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DAY

19

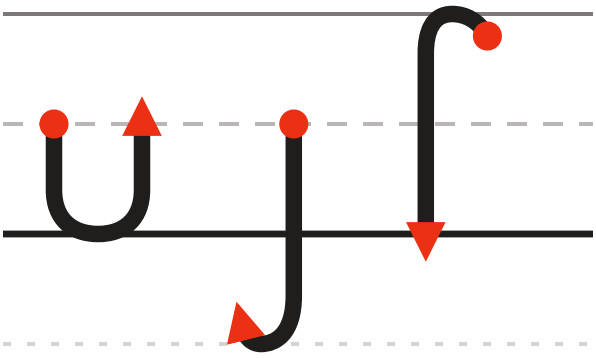
CURVES THAT CHANGE DIRECTION

Cups and hooks

Look at the big stroke. Start at the red dot, follow the arrow and stop on the line.

SEE IT

Numbers show the order.



Cups and hooks

Cup: down, around, up. Hook: pull down below the line and curl left. Cane: curve back at the top, then pull down.

TRACE IT

Trace every stroke.

TRACE IT

Now a little smaller.

YOUR TURN

Start on each red dot.

WRITE IT

Make the strokes all by yourself.

FIND IT

Those letters e.

Trace them!

TRY IT Draw today's stroke big in the air five times.

CHALLENGE Write your name. Circle every place you used this stroke.

GROWN-UPS Tomorrow is a stroke mix-up day. Ask your child to name each stroke before tracing it.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY

20

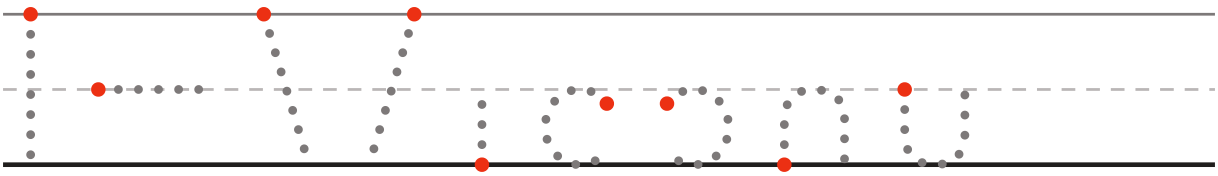
STROKES → LETTERS

Stroke mix-up

Strokes join together to make letters! Trace each stroke sum, then the letter it makes.

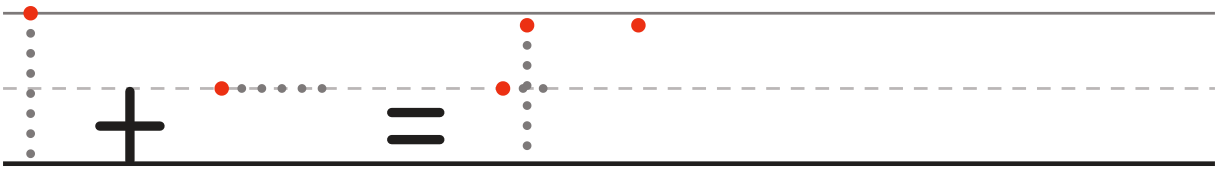
WARM UP

Name each stroke as you trace it.



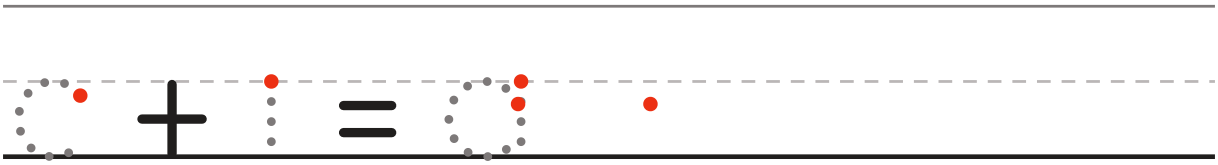
BUILD IT

Pull down + slide = t



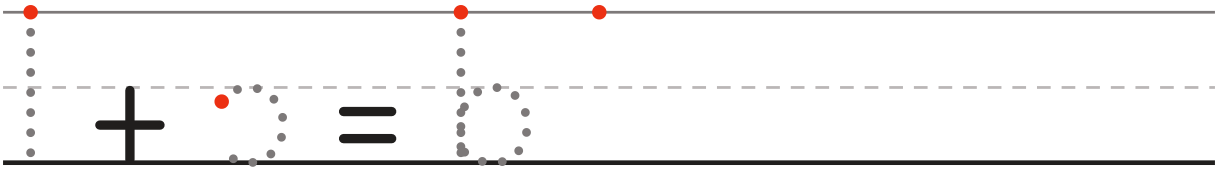
BUILD IT

Circle back + pull down = a



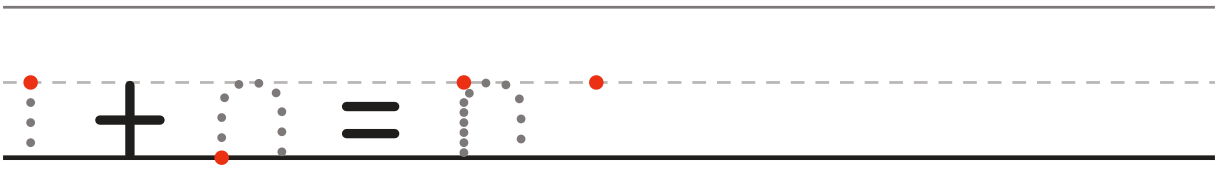
BUILD IT

Pull down + circle forward = b



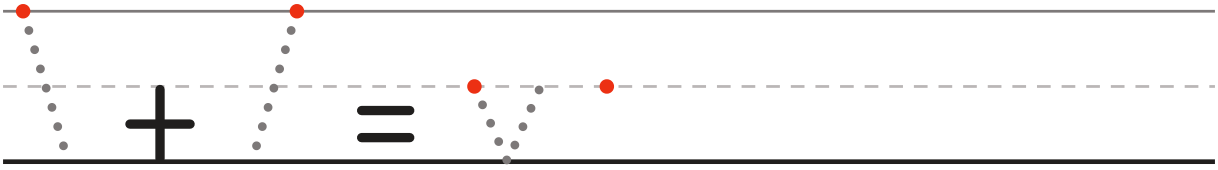
BUILD IT

Pull down + hump = n



BUILD IT

Slant + slant = v



TRY IT Say the stroke names out loud as you trace.

CHALLENGE Make up your own stroke sum. Which letter did you build?

GROWN-UPS Part 3 done! Tomorrow the letters begin. Keep sessions short and happy.

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I CAN

After day 20

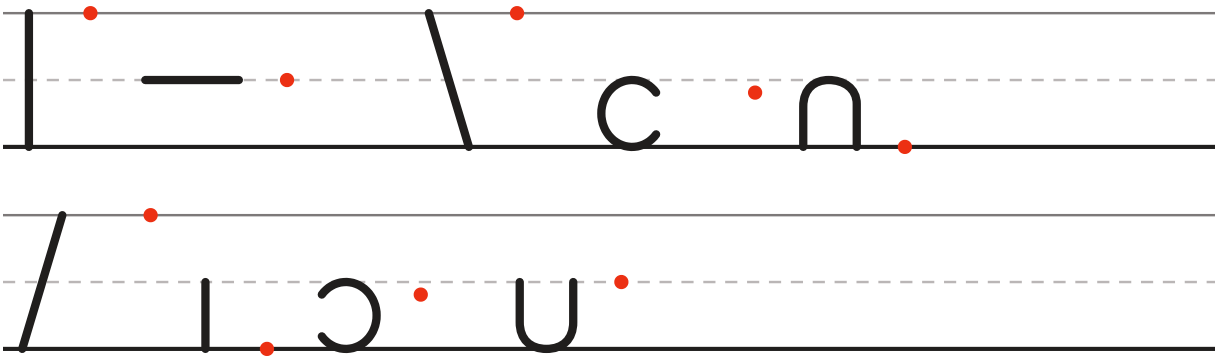
I CAN CHECK

Stroke check

Show your strokes! Start on each red dot. Then use the strokes to build letters.

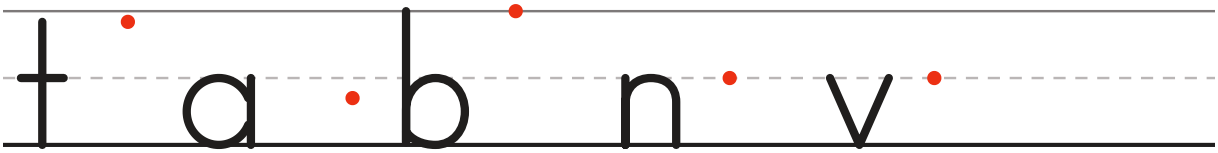
STROKES

Start on each red dot.



LETTERS

Look, then copy on the dots.



WRITE IT

Write t a b n v on your own.

I CAN

Check one box for each.

I can start at the top.	☐ Not yet	☐ Nearly	☐ I can!
I can go the right way.	☐ Not yet	☐ Nearly	☐ I can!
I can stop on the line.	☐ Not yet	☐ Nearly	☐ I can!

BADGE

Color it in!

MILESTONE BADGE

Stroke Builder

Days 11–20

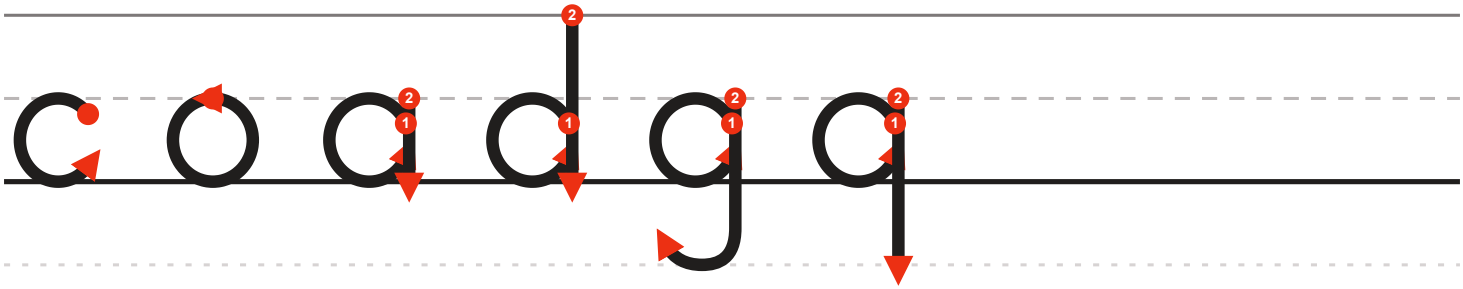
Earned on _____

PART

04

Lowercase letters

Small letters come first because they make up most of what we write. Letters are grouped by how they move, so each new letter builds on the last.



YOU'LL PRACTICE

Round letters: c o a d g q

Tall and dotted: l t i j

Humps and bowls: n m h r b p

The rest: u y e s f k

Slant letters: v w x z

MY GOAL

"I can write all 26 small letters."

GROWN-UPS

Watch the start. A letter that starts in the right place matters more than one that looks perfect. Neatness follows.

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DAY
21

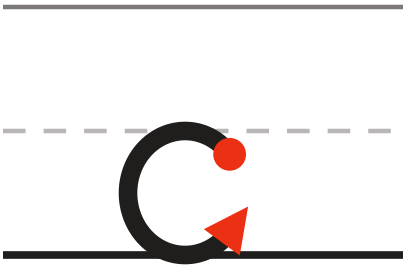
LETTER FORMATION

c is for cat

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.





c · cat

Start just below the middle line. Curve back, around, and stop.

TRACE IT

Trace every letter.

COPY IT

Start on the red dots.

WRITE IT

All by yourself!

USE IT

Trace the word, then copy it.

FIND IT

Circle every c.

o c a o c a c e a c e a c e

TRY IT Write the letter with one finger in a tray of salt or rava.

CHALLENGE Write the letter with your eyes closed. Then open them and check!

GROWN-UPS Ask: “Where does it start?” Let your child point to the red dot before writing.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY
22

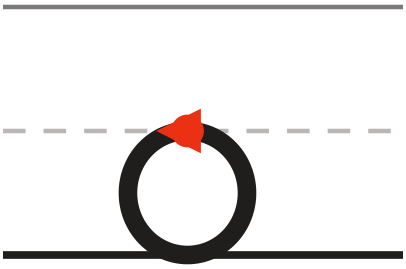
LETTER FORMATION

o is for orange

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.



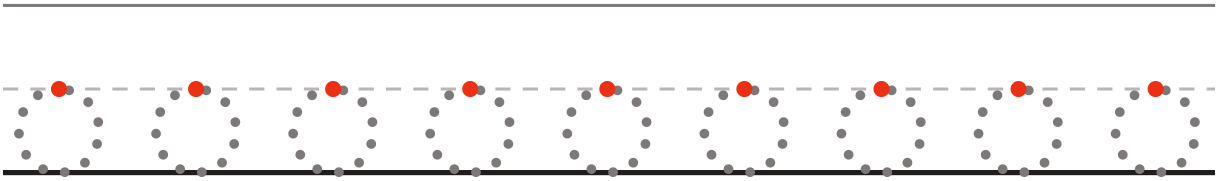


o · orange

Start at the middle line. Curve back all the way around and close at the top.

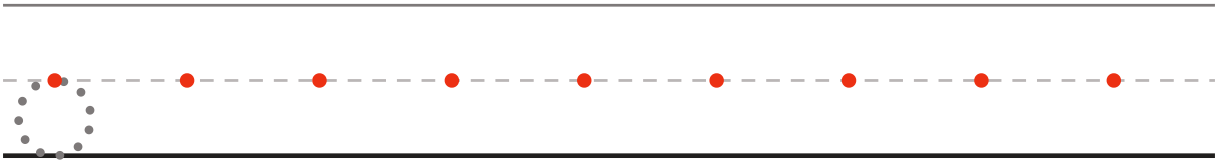
TRACE IT

Trace every letter.



COPY IT

Start on the red dots.



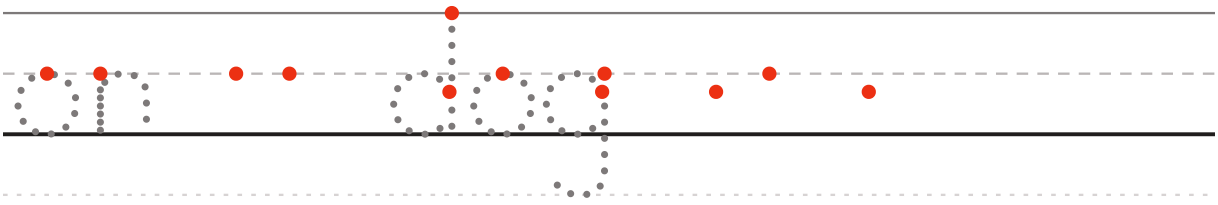
WRITE IT

All by yourself!



USE IT

Trace the word, then copy it.



FIND IT

Circle every o.

c o e c o e o a e o a e o a

TRY IT Make the letter out of dough, then trace it here.

CHALLENGE Write a word that starts with o, then draw it.

GROWN-UPS Circle the best letter on each line together. Celebrate it!

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DAY
23

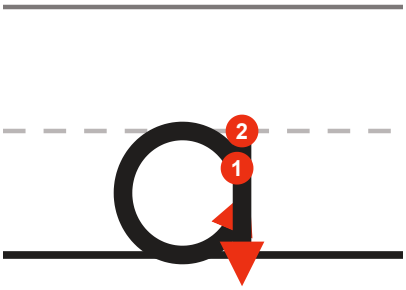
LETTER FORMATION

a is for apple

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.





a · apple

Curve back and around to close the circle. Then pull straight down from the middle line.

TRACE IT

Trace every letter.

COPY IT

Start on the red dots.

WRITE IT

All by yourself!

USE IT

Trace the word, then copy it.

FIND IT

Circle every a.

oagoagadgadgad

TRY IT Trace the TRACE IT row again in a new color.

CHALLENGE Write three words that have a in them.

GROWN-UPS Say the movement aloud while writing, using the words in the green box... or any words that stick.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY
24

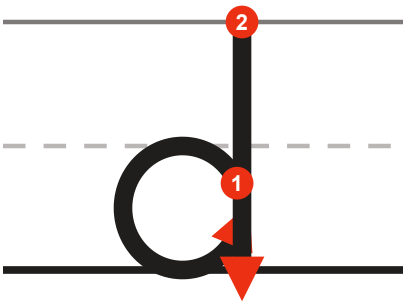
LETTER FORMATION

d is for dog

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.



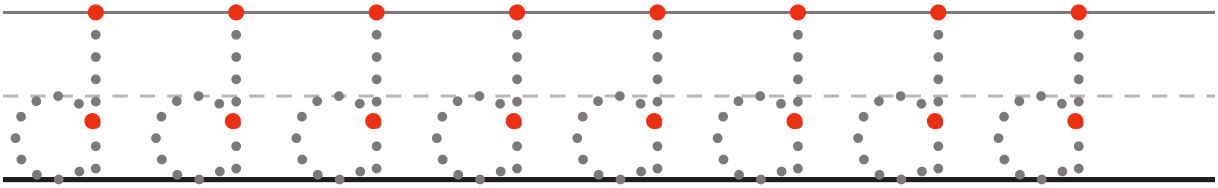


d · dog

Curve back into a circle. Start again at the top line and pull straight down.

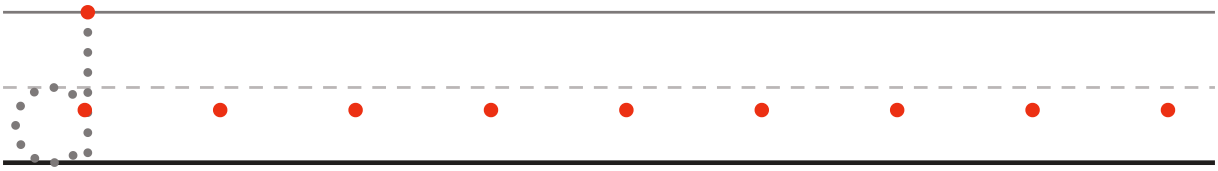
TRACE IT

Trace every letter.



COPY IT

Start on the red dots.



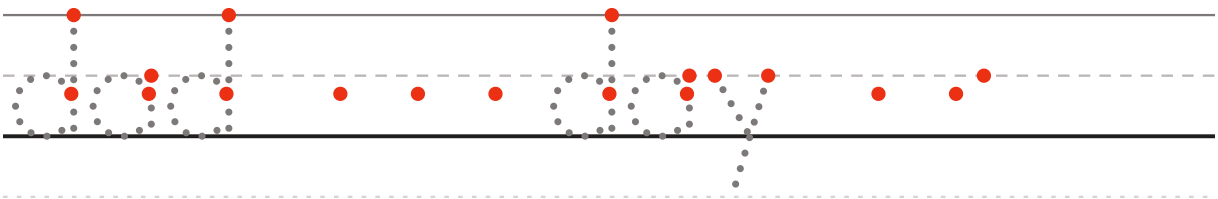
WRITE IT

All by yourself!



USE IT

Trace the word, then copy it.



FIND IT

Circle every d.

b d p b d p d a p d a p d a

TRY IT Write the letter with one finger in a tray of salt or rava.

CHALLENGE Write the letter with your eyes closed. Then open them and check!

GROWN-UPS Two or three careful letters beat a full line of rushed ones.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY

25

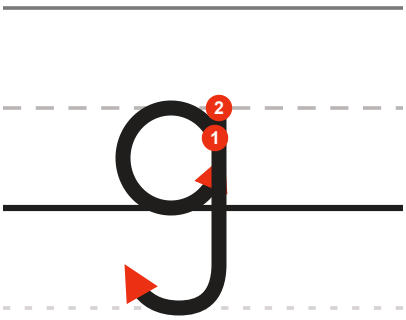
LETTER FORMATION

g is for grapes

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.



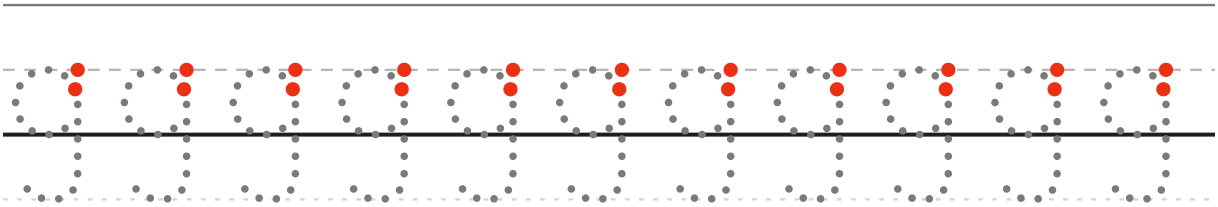


g · grapes

Curve back into a circle. Pull down below the baseline and hook to the left.

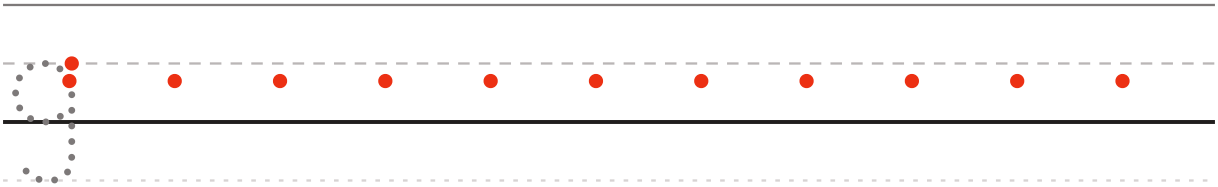
TRACE IT

Trace every letter.



COPY IT

Start on the red dots.



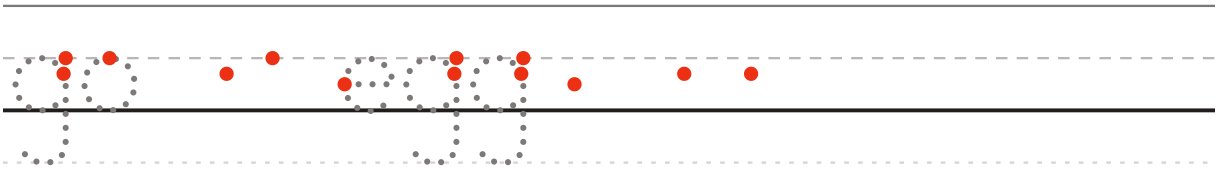
WRITE IT

All by yourself!



USE IT

Trace the word, then copy it.



FIND IT

Circle every g.

q g y q g y g p y g p y g p

TRY IT Make the letter out of dough, then trace it here.

CHALLENGE Write a word that starts with g, then draw it.

GROWN-UPS Try today's letter in a tray of salt or rava with one finger.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy

DAY
26

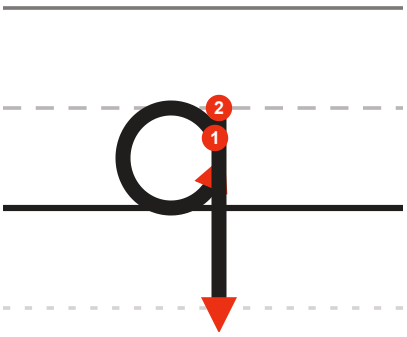
LETTER FORMATION

q is for queen

Start at the red dot and follow the arrows. See it, trace it, copy it, write it, use it!

SEE IT

Trace it in the air with your finger first.

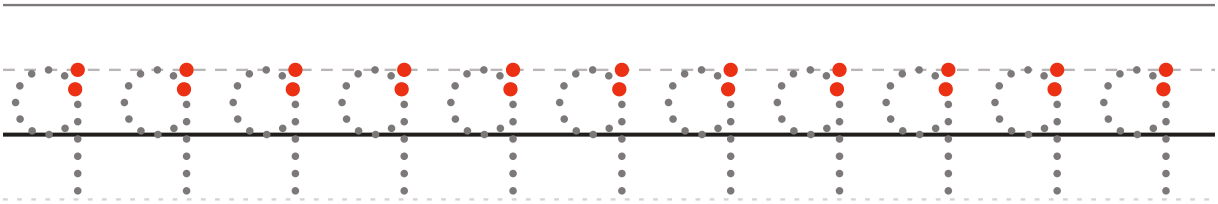


q · queen

Curve back into a circle. Pull straight down below the baseline.

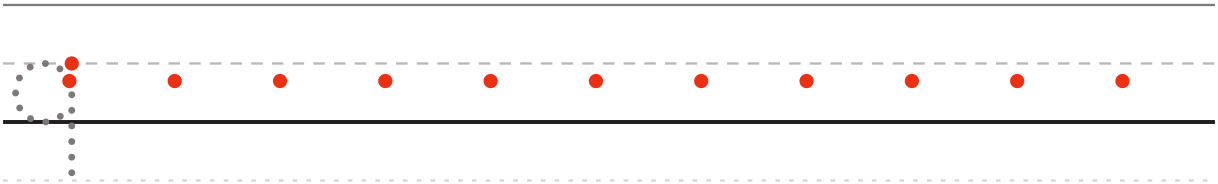
TRACE IT

Trace every letter.



COPY IT

Start on the red dots.



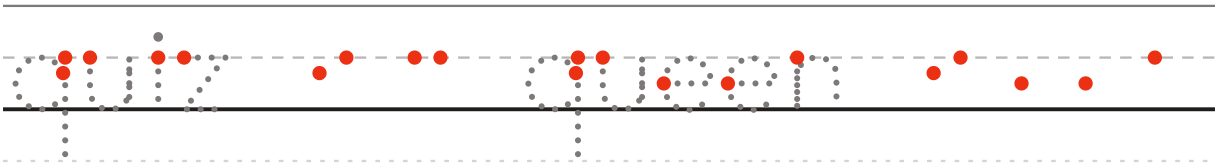
WRITE IT

All by yourself!



USE IT

Trace the word, then copy it.



FIND IT

Circle every q.

g q d g q d q p d q p d q p

TRY IT Trace the TRACE IT row again in a new color.

CHALLENGE Write three words that have q in them.

GROWN-UPS If a letter starts at the bottom, gently trace it together once, then let them try again.

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☐ I did it! Today felt: ☐ tricky ☐ okay ☐ easy